

Rifle - Ideas for Review & Evaluation

- Demonstrate your knowledge of rifle safety, include:
 - The three basic rules of gun safety
 - Range rules
 - Equipment
 - Use of appropriate ammunition
 - Range operations
 - Eye and ear protection
- Demonstrate your knowledge of rifle equipment, including:
 - Rifle types
 - Parts of the rifle
 - Ammunition (types, components, function)
 - Rifle operation
- Demonstrate proper rifle shooting form, including:
 - Eye dominance
 - Bench position
 - Shooting positions
 - Use of the sling
 - Sight alignment/sight picture
 - Trigger control
 - Follow through
- Shoot a tight group in the bench position of one, or more, of the following:
 - Air rifle - 10 meters
 - 22 rifle - 50 meters
- Shoot 10 shots with one or more of the following rifles and record your score (Standard at the discretion of the instructor. Air Rifle (AR-5 at 10 meters); 22 rifle (A-17 or A-36 at 50 feet or A-23 at 50 yards))

Used with permission from:

Virginia 4-H
 Virginia Cooperative Extension
 Virginia Tech and Virginia State
 Universities
 Website: www.ext.vt.edu/resources/4h/environment/shootinged/

| Shot | Distance | Score |
|------|----------|--------------------------|
| 1 | | _____ of a perfect _____ |
| 2 | | _____ of a perfect _____ |
| 3 | | _____ of a perfect _____ |
| 4 | | _____ of a perfect _____ |
| 5 | | _____ of a perfect _____ |
| 6 | | _____ of a perfect _____ |
| 7 | | _____ of a perfect _____ |
| 8 | | _____ of a perfect _____ |
| 9 | | _____ of a perfect _____ |
| 10 | | _____ of a perfect _____ |