

Pistol - Ideas for Review & Evaluation

- Demonstrate your knowledge of pistol safety, include:
 - The three basic rules of gun safety
 - Range rules
 - Equipment
 - Use of appropriate ammunition
 - Range operations
 - Eye and ear protection
- Demonstrate your knowledge of pistol equipment, including:
 - Pistol types
 - Parts of the pistol
 - Ammunition (types, components, function)
 - Pistol operation
- Demonstrate proper pistol shooting form, including:
 - Eye dominance
 - Stance (one handed and two handed)
 - Shooting positions
 - Sight alignment/sight picture
 - Trigger control
 - Follow through
- Shoot a tight group in the bench position of one, or more, of the following:
(Standard set by instructor)

Used with permission from:
 Virginia 4-H
 Virginia Cooperative Extension Virginia
 Tech and Virginia State Universities
 Website: [www.ext.vt.edu/resources/4h/
 environment/ shootinged/](http://www.ext.vt.edu/resources/4h/environment/shootinged/)

Supported position	Two-handed position
Air pistol at 10 meters	Air pistol at 10 meters
22 pistol at 50 or 75 feet	22 pistol at 50 or 75 feet

- Shoot 10 shots with one or more of the following rifles and record your score
(Standard at the discretion of the instructor. Air Pistol (B-40 target at 10 meters) or pistol (B-2 or B-3 at 50 feet or B-6 at 75 feet))

Shot	Distance	Score
1		_____ of a perfect _____
2		_____ of a perfect _____
3		_____ of a perfect _____
4		_____ of a perfect _____
5		_____ of a perfect _____
6		_____ of a perfect _____
7		_____ of a perfect _____
8		_____ of a perfect _____
9		_____ of a perfect _____
10		_____ of a perfect _____